

What to Wear and Bring to Biking Camp

What to Wear

1. Active Wear
 - T-shirt, Shorts or Swim Trunks, Proper Shoes (closed-toe tennis shoes)
2. SUNSCREEN applied before camp begins!

Plan on getting wet **EVERY DAY!** (We like to cool off in the rivers and creeks!)

What to Bring

1. Trail-ready mountain-style bike, with gear, hand brakes, and knobby tires*
2. Personal helmet, if you have one!
3. Lunch and an extra snack!
4. Backpack to hold ALL of their belongings
5. Reusable Water Bottle
6. Swim clothes & River shoes (closed-toe sandals, old tennis shoes - must stay on their feet!) (We **DO NOT** recommend flip flops or crocs)
7. Towel
8. Change of clothes
9. Weather appropriate gear (ex, rain jacket)

**Virginia Outside has a very limited supply of "pint-sized" mountain bikes. Please reach out to us to confirm we have one that will fit your camper before signing up for a "bikeless" camper.*

We will have plenty of sunscreen, but we do recommend campers put on sunscreen before they are dropped off (30 or higher is recommended, as we will be in the sun all day). We will remind campers to reapply sunscreen throughout the day!

We will be outside rain or shine as long as conditions remain safe, so please send your camper prepared for the weather

NOTICE: *Please do not send your child to camp with electronic equipment such as phones, iPads, or video games. We will not be responsible for any electronics or biking equipment that are lost or broken.*